

July 2023

"Seniors helping seniors use computers and the internet"

SeniorNet Association Inc.

President's View

www.seniornet.com.au

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Social Events



Lunches all at 12 noon

Monday 10th - Hawaiian themed lunch after the GM at PA Hotel

Friday 21st - Yamanto Tavern; Seniors' lunches \$16

August -

July -

Friday 18th - Falvey's Hotel; meals from \$19

While we enjoy school holidays with chilly mornings and evenings we had lovely sunny days for our local shows.

We are seeing a drop off in attendance at our functions and losing some Trainers.

Turning our minds to recruiting, what are our options? If you have suggestions, email me at the address below.

While we continue to follow Facebook and have found how hard and slow it is to update newspaper content, we may have to splash out on paid advertising.

Where are the noticeboards in Ipswich and surrounds? Again, if you know of one in your local shops let me know where. Maybe you could volunteer to post notices on your local notice board?

"Able Australia" will be conducting their EXPO again this year on a date to be advised.

I would like to offer a special thank you to the band who worked in the lead up to our Hawaiian themed meeting and lunch. See page 4 for details.

I also wish to recognise the PA Hotel staff for their assistance during the planning and on the day.

President (John Mc Veigh): email: training@seniornet.com.au

Editorial

This Newsletter has been expanded to ten pages in order to accommodate a range of important and topical articles by Phil Buchanan, and to allow the Editor to waffle on more than usual in his Potty History.

Saturday 8th July

Dinner at Dragon Garden Restaurant. Meet at 6pm; bookings essential.

Sunday 16th July

Lunch at Parkview (Goodna RSL). Sunday 30th July Lunches from \$19.

Just Friends Social Group

Sunday 23rd July

Lunch at Racehorse Hotel. Seniors' Coach Trip to Mooloolaba to enjoy a lunches \$17

Coach trip to Old Petrie Town

up to cover the cost of the bus

Sunday 27th August

one-hour canal cruise.

See how the rich folk live! After the cruise buy lunch at Maroochydore CANCELLED too few members signed RSL. Fare \$60. Pick up time 8.00am Redbank Plaza

Just Friends is not affiliated to SeniorNet. The Editor organises group activities. Ring on 3389 2950 for information

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SeniorNet Workshop Programme: July – August 2023

Norths Leagues Club, 29 Pelican Street, North Ipswich

Workshop Times 9-11am; however the clubroom is booked for the whole morning and this allows continued use of the facility if subject matter or participant interest requires it

| Monday | Wednesday | Thursday | Friday |
|-------------------------|-------------------------|-------------------------|-------------------------|
| 3 rd July | 5 th July | 6 th July | 7 th July |
| | Android: Voice | Fingers on the keys | |
| | Commands * | | |
| | Ken Curwen | John McVeigh | |
| 10 th July | 12 th July | 13 th July | 14 th July |
| General Meeting and | Android: Q & A * | - | DNA Interest Group |
| Lunch | | | |
| PA Hotel | Ken Curwen | | Bette Fritz |
| 17 th July | 19 th July | 20 th July | 21 st July |
| iPad: Emails | Android: Chrome, | | Social Lunch |
| | Wikipedia & Lens * | | |
| Joan McKenzie | Ken Curwen | | Yamanto Tavern |
| 24 th July | 26 th July | 27 th July | 28 th July |
| Family History: Search- | Booklets in Word | | |
| ing House Real Proper- | | | |
| ty Description | Ken Curwen | | |
| Esmae Mander | | | |
| 31 st July | 2 nd August | | 4 th August |
| | | | Coffee and Chat |
| | | | TBA |
| 7 th August | 9 th August | 10 th August | 11 th August |
| | | | DNA Interest Group |
| | | | |
| | | | Bette Fritz |
| 14 th August | 16 th August | 17 th August | 18 th August |
| iPad: Messaging | So you think you | | Social Lunch |
| | know Word? | | |
| Joan McKenzie | Ken Curwen | | Falvey's Hotel |
| 21 st August | 23 rd August | 24 th August | 25 th August |
| | The Good Word | | Trove: TBA |
| | | | |
| | Ken Curwen | | Bette Fritz |
| 28 th August | 30 th August | 31 st August | 1st September |
| Family History: TBA | The Last Word | | Coffee and Chat |
| | | | |
| Presenter | Ken Curwen | | TBA |

NOTE: All Workshops are subject to change if Trainers are unavailable due to illness or other commitments. If possible changes will be listed on the SeniorNet Website or you can contact John McVeigh – Training Coordinator – ph 07 3281 8548 – email training@seniornet.com.au to confirm workshops are as listed. It is not necessary to make bookings for Workshops. Please bring your USB drive with you as it is helpful in many lessons.

^{*} For courses and workshops involving tablets (iPads and Androids) please make sure your device is charged and that you have your cable with you

Workshop Topics Described

Android: Chrome, Wikipedia and Lens

Chrome on a mobile device is a bit fiddly; find out ways to get the best out of it.

Wikipedia is my go-to resource for my newsletter article. See what it can do for you (and what you can do for it).

Lens (Google, not Microsoft) is an incredible tool for identifying images; and it also can extract text from any photo for use in an article or report.

Android: Q&A

This workshop is open for general Questions and Answers on any Android related subject. It will be of general interest to all Android users. And if you are new to your device I will do my best to help you set it up.

You need to bring your own Android phone or tablet and cable with you. Please make sure your Android device is charged. Make sure you know any passwords you need for your device

Android: Voice Commands

OK Google allows you to control your Android device just by speaking to it – like Spock did on Star Trek. And just as Spock used structured commands, starting "Computer", OK Google requires structured commands. These commands will be explained and tested.

Booklets in Word

You will learn how to use A4 paper with centre-stapling to make A5 format booklets

DNA Interest Group

Have you done a DNA test or considering doing one and don't know where to go next? Come along!! Through sharing what we know and listening to others I'm sure we will make our journeys much more enjoyable and a lot less frustrating. There is so much more to DNA than the ethnicity that is promoted to entice you in.

Family History: House RPD

During this workshop, we look at avenues which are easily searchable and readily available via Government sites and reveal the Real Property Description (RPD) for a particular house or block of land.

Please bring a USB to save your information if you are intending to use a SeniorNet laptop.

Fingers on the Keys

Learn how to use Windows File Explorer

iPad: Emails

Learn the basics of email using the iPad: how set up your email account on your iPad (you will need your email username and password); how to send an email, receive an email, and find emails you have received. We will also cover email attachments and adding people to your contact list.

iPad: Messaging

Messaging using your iPad. There are a few different apps that can help you stay in contact with family and friends. You can have a group video chat, or you can just send text updates, quick and easy. Or you can do both!

So You Think You Know Word?

There are many little tricks in Microsoft Word that don't get mentioned in our targeted courses and workshops. This session will be a potpourri of such tricks.

The Good Word

There are many little tricks in Microsoft Word that don't get mentioned in our targeted courses and workshops. This session follows on from 'So you think you know Word' and will be a further potpourri of such tricks.

(Continued on page 4)

The Last Word

There are many little tricks in Microsoft Word that don't get mentioned in our targeted courses and workshops. This session follows on from 'So you think you know Word' and 'The Good Word' and will be a final potpourri of such tricks.

Trove – Editing Articles

The optical character recognition (OCR) translation of articles leaves a lot to be desired in some old, blurry, feint or hard to read articles. Learn the right way to correct these in Trove, not only for your own benefit, but it also aids other searchers in getting more accurate results in future.

In Memoriam

We are sorry to announce the death of Narelle White, a member who has been a regular attendee at our social lunches.



Inactive accounts in Google

Google has announced plans to begin deleting inactive accounts and all the content associated with them.

Accounts which have been inactive for two years or longer will be deleted starting December 2023. The first deletions will be accounts which were created but never used. Google will send notices to any backup email addresses or phone numbers associated with the account prior to any deletion.

The easiest way to prevent this deletion and reset the clock is to login to your Google account.

However, if you are no longer able to access your account (you've forgotten the password, for example), you may still be able to get access using Google's <u>recovery process</u>.

You can backup your data in Google using the <u>Takeout</u> service. There are about 50 things you can backup most of which will not be terribly relevant to most folk. Put a tick in the box beside those things you want to recover (note – the more you tick, the longer it will take and the bigger the download file will be). Google will begin the backup process and will notify you when the backup file is ready for download.

Phil Buchanan

Chrome updates

There have been some announcements recently from Google of significant security bugs in Chrome. Chrome is pretty good at keeping itself updated – doing so in the background so you are normally not aware of it. To check that you are up to date with Chrome, click on the three vertical dots at the top right of the Chrome window. Then select **Help** and then **About Google Chrome**.

If Chrome is up to date, you should see a message to this effect with the current version number underneath. If Chrome requires updating, the process should start automatically. You will need to relaunch Chrome to install the update.

Another point to note: Chrome has dropped support for Windows 7 so these security updates will not be available if you are still running Windows 7 with Chrome. Windows 8/8.1 support will be dropped from October 2023.

Phil Buchanan

Facebook: Not Hacked...impersonated

Recently my wife received messages from Facebook friends warning her that her account had been hacked and they were receiving friend requests from the hacked account.

The thought of being hacked is of great concern but in this instance this was not the case. My wife's Facebook account had been impersonated – somebody had created a new Facebook account and sent friend requests to the publicly visible list of friends on her legitimate account.

This impersonation (account cloning) has been around for some time on Facebook and, like most scams seems to be getting more common.

There are some important points to note here. It is impossible to send friend requests to someone you are already friends with. If you receive a friend request from someone you are already friends with, you should be extremely suspicious. There are some circumstances where people may need to create new accounts but it is more likely that this is an impersonation. Do not act on the friend request until you contact your friend at their original account or by email or phone.

If your account has been impersonated, don't panic. Your security has not been compromised (not hacked). Report the impersonated account to Facebook. In my wife's case the fake account was suspended within minutes.

Everybody should take steps to limit Facebook information that is publicly viewable. For example, if your Friends list can be seen by everybody, consider setting it to Only Me. The less that can be publicly seen, the less a potential impersonator has to work with.

For more information on this issue and how to deal with it, refer to the following links.

Scam alert: Be wary of duplicate friend requests on Facebook

What to do if your Facebook friends start receiving duplicate friend requests from you

Why Are My Facebook Friends Getting Friend Requests That Aren't From Me?

No, Your Facebook Account <u>Has Not Been Hacked</u> (Same information as previous item but in video form)

Phil Buchanan

Password Advice

The Australian Cyber Security Centre (ACSC), concerned at the growing rate of phishing scams (identity compromise and data breaches), recently sent me an email with excellent advice on how to handle passwords. This is the main section of that email:

You can use our easy-to-follow guides and new video through the links below to learn how to create a strong passphrase and use password managers to protect your important information and accounts against cyber threats.

- Guidance on passphrases and password managers
- Passphrases video
- Creating strong passphrases
- Set secure passphrases
- Quick wins for your password manager

I get regular emails from ACSC after signing up for their advice. Much of it does not concern private individuals – it is notifications to businesses that there are potential security risks in their software, and the software in question should be updated immediately – but I still think it worth keeping up to date. You can sign up with ACSC at their website.

Ken Curwen

A Little Housekeeping

A little computer housekeeping from time to time can check that everything is doing its job and identify small problems before they become big problems. Here are a few tasks which don't take very long and do not require a lot of technical knowledge to perform.

Check your security software

Generally antivirus and other security software is automated and just does its job without any intervention. But because it operates in the background, it is good to check periodically that everything is happening as it should. Open your security software and make sure that scans are running. You should be able to see a date when the last scan was run. Also check when the software was last updated. If in any doubt run a manual scan which should also force an update.

Check Windows Update

Updates for Windows also happen automatically (and sometimes at the most inconvenient times) but it is worth checking from time to time that the process is working as it should. Go to Settings \(\to\)Update & Security \(\to\)Windows Update and check there are no errors. If there are optional updates waiting to be installed that is not a problem. You can force them to download and install now or just wait for the automatic process to take care of it.

Get rid of the rubbish

Windows generates a lot of temporary and 'junk' files during it is operation. These are not harmful but can end up taking a significant amount of space. Files which have been moved to the Recycle Bin are also taking up space. This can become a problem, particularly if you are using a laptop with a small SSD. You can clean and remove these manually but take advantage of the automatic process in Windows 10 and 11 to do this for you.

Go to System Storage. Move the slider to turn Storage Sense on. Click on Configure Storage Sense or run it now. Change the frequency to run Storage Sense every month. You can leave all the other settings alone. Scroll to the bottom of the page and click on the Clean Now button. This will force Storage Sense to run and do a clean. Thereafter it should run automatically based on the schedule set. Once complete, just close the window.

Review your backup plan

Okay I get it. Setting up an effective backup plan takes a bit of work and may be confusing. If you really can't get your head around backing up effectively, do this. Buy an external portable hard drive of at least 1Tb capacity (approximately \$60-\$70, a 2Tb is not much more). Plug it into one of the USB ports on your computer, preferably USB 3 (a blue one). Go to Settings >Update & Security >Backup. Click on Add a drive under File History. The external drive you just plugged in should show up. Select it. File History will now start to automatically create a backup of your personal data. Is this the best backup method? No, but it is probably the simplest.

Create a recovery drive

You will need a USB drive with at least 16Gb capacity. It should be empty or at least not have anything on it you care about since it will be completely wiped by the process. Type 'create a recovery drive' into the Search box and then click on the result. Make sure there is a check mark on the box beside *Backup system files to the recovery drive*. Click Next and the process will begin. Insert the USB drive when instructed and continue. Once the recovery drive is created, label or mark it in some way and put in a safe place.

A recovery drive is not a backup but it will enable you to boot your computer if your internal drive crashes, Windows becomes corrupt or you have a malware infection.

Phil Buchanan

PressReader

If you have a favourite magazine you will know that it, like everything else, is going up in price. A particular computer magazine I read has recently increased its print price to \$12.00 per issue. Even taking out a 12 month subscription does not reduce the issue price greatly.

I recently started using PressReader on my Android tablet. This is a digital service providing access to over 7000 magazines and newspapers from around the world. Using this service, the cost of my computer magazine drops to \$2.99 per issue.

You can subscribe to PressReader but I think that seems a bit expensive. I think it is around \$45 per month. Admittedly it is an 'all you can eat' arrangement but I think you would need to be an avid magazine reader to get full value.

If you only read one or two magazines regularly, it is better value to just purchase per issue. You can do this by clicking on the *Other purchasing options* when viewing the magazine to read. If you purchase a Google prepaid card and add it to your account, the issue cost comes from the value in your account so there is no need to provide credit card numbers. PressReader is also available for Apple so you can do the same with an Apple prepaid card.

Even better value, if you are a member of Ipswich Library, you can access PressReader and read its selection of magazines and newspapers using your library membership. You can find the link and more information on this page.

Phil Buchanan

Potty History

Giacomo Casanova

When I started on-line dating I was described by a friend as a 'casanova'. And I wondered how the original Casanova handled his affairs. It turns out he had many adventures, and not all of them romantic. Indeed, to do him justice, this Potty History has had to be written in two parts.

Giacomo Girolamo Casanova (1725-1798) was an Italian adventurer and author from the Republic of Venice. His autobiography is regarded as one of the most authentic and provocative sources of information about the customs and norms of European social life during the 18th century. At the time of his birth, the city of Venice was the Las Vegas of Europe. The famed Carnival, gambling houses, and beautiful courtesans were powerful drawcards. This environment provided many of his formative experiences.

His grandmother cared for him while his mother toured about Europe in the theatre and his father died when he was eight. As a child, Casanova suffered nosebleeds, and his grandmother sought help from a witch. Casanova was fascinated by the ritual. Perhaps to remedy the nosebleeds (a physician blamed the density of Venice's air), Casanova, on his ninth birthday, was sent to a boarding house on the mainland in Padua. For Casanova, the neglect by his parents was a bitter memory.

Conditions at the boarding house were appalling, so he appealed to be placed under the care of Abbé Gozzi, who tutored him in academic subjects, as well as the violin. Casanova moved in with the priest and his family and lived there through most of his teenage years. In the Gozzi household, Casanova first came into contact with the opposite sex, when Gozzi's younger sister Bettina fondled him at the age of 11. Casanova's growing curiosity about women led to his first complete sexual experience, with two teenaged sisters, Nanetta and Marton Savorgnan. Casanova proclaimed that his life avocation was firmly established by this encounter.

Casanova boasts of having demonstrated from early on a quick wit, an intense appetite for knowledge, and a perpetually inquisitive mind. He entered the University of Padua at 12 and graduated at 17 with a degree in law. While attending the university, Casanova began to gamble and quickly got into debt, causing his recall to Venice by his grandmother, but the gambling habit became firmly established.

Back in Venice, Casanova started his clerical law career and was admitted as an abbé. He shuttled back and forth to Padua to continue his university studies. By now, he had become something of a dandy – tall and dark, his long hair powdered, scented, and elaborately curled. He quickly ingratiated himself with a patron (something he was to do all his life), 76-year-old Venetian senator Alvise Gasparo Malipiero. Malipiero moved in the best circles and taught young Casanova a great deal about good food and wine, and how to behave in society. However, Casanova was caught dallying with Malipiero's intended object of seduction, actress Teresa Imer, and the senator drove them both from his house.

Scandals tainted Casanova's short church career. After his grandmother's death, Casanova entered a seminary for a short while, but soon his indebtedness landed him in prison for the first time. He subsequently found employment as a scribe with the powerful Cardinal Acquaviva in Rome. On meeting Pope Benedict XIV, Casanova boldly asked for a dispensation to read the "forbidden books" and from eating fish (which he claimed inflamed his eyes). He also composed love letters for another cardinal. When Casanova became the scapegoat for a scandal involving a local pair of star-crossed lovers, Cardinal Acquaviva dismissed Casanova, thanking him for his sacrifice, but effectively ending his church career.

In search of a new profession, Casanova bought a commission to become a military officer for the Republic of Venice. He joined a Venetian regiment at Corfu, his stay being broken by a brief trip to Constantinople, ostensibly to deliver a letter from his former master the Cardinal. Finding his advancement too slow and his duty boring, he managed to lose most of his pay playing faro. Casanova soon abandoned his military career and returned to Venice.

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At the age of 21, he set out to become a professional gambler, but losing all the money remaining from the sale of his commission, he turned to his old benefactor Alvise Grimani for a job. Casanova thus began his third career, as a violinist. He wrote "I soon acquired all the habits of my degraded fellow musicians often spending our nights roaming through the city, thinking up the most scandalous practical jokes".

Good fortune came to the rescue when Casanova, unhappy with his lot as a musician, saved the life of a Venetian patrician of the Bragadin family, who had a stroke while riding with Casanova in a gondola after a wedding ball. The group immediately stopped to have the senator bled. Then, at the senator's palace, a physician bled the senator again and applied an ointment of mercury – an all-purpose (but toxic) remedy at the time – to the senator's chest. This raised his temperature and induced a massive fever, and Bragadin appeared to be choking on his own swollen windpipe. A priest was called as death seemed to be approaching. However, despite protests from the attending physician, Casanova ordered the removal of the ointment and the washing of the senator's chest with cool water. The senator recovered from his illness with rest and a sensible diet. Because of his youth and his facile recitation of medical knowledge, the senator and his two bachelor friends thought Casanova wise beyond his years and concluded that he must be in possession of occult knowledge. As they were cabalists themselves, the senator invited Casanova into his household and became a lifelong patron.

For the next three years under the senator's patronage, working nominally as a legal assistant, Casanova led the life of a nobleman, dressing magnificently and, as was natural to him, spending most of his time gambling and engaging in amorous pursuits. His patron was exceedingly tolerant, but he warned Casanova that someday he would pay the price. Sure enough, not much later, Casanova was forced to leave Venice, due to further scandals. Casanova had dug up a freshly buried corpse to play a practical joke on an enemy and exact revenge, but the victim went into a paralysis, never to recover. In another scandal, a young girl who had duped him accused him of rape and went to the officials. Casanova was later acquitted of this crime for lack of evidence, but by this time, he had already fled from Venice.

Escaping to Parma, Casanova entered into a three-month affair with a Frenchwoman he named "Henriette", perhaps the deepest love he ever experienced — a woman who combined beauty, intelligence, and culture. In his words, "They who believe that a woman is incapable of making a man equally happy all the twenty-four hours of the day have never known an Henriette. The joy which flooded my soul was far greater when I conversed with her during the day than when I held her in my arms at night. Having read a great deal and having natural taste, Henriette judged rightly of everything." She also judged Casanova astutely.

Crestfallen and despondent, Casanova returned to Venice, and after a good gambling streak, he recovered and set off on a grand tour, reaching Paris in 1750. Along the way, from one town to another, he got into sexual escapades resembling operatic plots. In Lyon, he entered the society of Freemasonry, which appealed to his interest in secret rites and which, for the most part, attracted men of intellect and influence who proved useful in his life, providing valuable contacts and uncensored knowledge. Casanova was also attracted to Rosicrucianism. In Lyons, Casanova became companion and finally took the highest degree of Freemasonry.

Casanova stayed in Paris for two years, learned the language, spent much time at the theatre, and introduced himself to notables. Soon, however, his numerous liaisons were noted by the Paris police, as they were in nearly every city he visited.

In 1752, his brother Francesco and he moved from Paris to Dresden, where his mother and sister Maria Maddalena were living. His new play, La Moluccheide, now lost, was performed at the Royal Theatre, where his mother often played in lead roles. He then visited Prague, and Vienna, where the tighter moral atmosphere was not to his liking. He finally returned to Venice in 1753.

[to be continued]

Ken Curwen (mostly cribbed from Wikipedia)

Humour

Ten Recommendations for Seniors

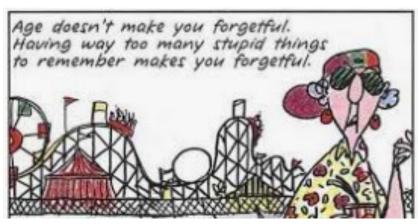
- 1. Talk to yourself. There are times you need expert advice.
- 2. "in style" are the clothes that still fit.
- 3. You don't need anger management; you need people to stop pissing you off.
- 4. Your people skills are just fine. It's your tolerance for idiots that needs work.
- 5. The biggest lie you tell yourself is "I don't need to write that down. I'll remember it."
- 6. "On time" is when you get there.
- 7. Even duct tape can't fix stupid, but it sure does muffle the sound.
- 8. Aging has slowed you down, but it hasn't shut you up
- 9. You still haven't learned to act your age and hope you never will
- 10. It would be wonderful if we could put ourselves in the dryer for 10 minutes, then come out wrinkle- free and three sizes smaller.

And one more: "One for the road" means peeing before you leave the house.

Found by the Editor at the Grawin General Store - now displayed on his office wall

Can you hear me?

An elderly man, wondering if his wife was going deaf, tested her by asking "Can you hear me, darling?" from the next room. She didn't reply. So he tried from the doorway - no reaction. Halfway across the room...no change. Finally he stood right behind her and said "Can you hear me now, my love?" And his wife replied "For the fourth time, YES I CAN"





Further Information

SeniorNet Committee

The listing of the 2022-2023 committee can be found here.

Computer Repairs

A listing of repairers who our members have found satisfactory can be found here.

Disclaimer: While we have made every effort to give accurate information and tips in this Newsletter, we cannot guarantee that their use will provide the desired results in all circumstances. In no event will the Editor or SeniorNet be liable for direct, indirect, special, incidental or consequential damages arising out of the use of URLs and tips given in this newsletter. We recommend members verify details before acting on information or suggestions contained herein. The Editor would appreciate being informed of any erroneous information so that it may be corrected.

Ken Curwen. Newsletter Editor.